10 things you can do to prepare for back to school during COVID Elementary

1 **Practice Hand Hygiene** often throughout the day. Teach your student to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back and in-between their fingers.

2 **Practice Putting Mask On/Off** Your child will be required to wear a mask anywhere social distancing is not possible, including on the bus, upon entering school and in the hallways. Teach them to not touch the inside of their mask when taking it off.

3 **Practice 6 ft Social Distancing** Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.

4 **Purchase a Thermometer** Check your child's temp every morning. If 100.0 or higher, be prepared to keep them home. If they develop a fever at school, they will be sent home. Students must be kept at home 72 hours after resolution of fever without the use of fever-reducing medications.

5 **Make/Purchase Extra Masks** When possible, masks should only be used one time. Students should have multiple masks to give you proper time to wash them between each daily use.

6 **Update Immunizations** Immunizations are required to enroll for the school year. Contact your student's pediatrician to make sure their immunizations are up to date.

7 **Change Aerosolized Medication** Nebulizers cannot be administered at school and all inhalers must have a chamber. Speak with your child's pediatrician to obtain the proper equipment and make sure to update the Asthma Action Plan (see district website for required forms).

8 **Purchase Reusable Water Bottle** Plan to fill it at home and bring it to school. Water fountains will not be available for use.

9 **Verify and Update Emergency Contacts** If your child presents with COVID-like symptoms, they will be placed in an isolation room and will need to be picked up within one hour. Please be sure a contact can be reached at any given time.

10 **Stay Informed** Educate yourself from reliable sources such as the CDC, Brazoria County Health Dept. and the Alvin Independent School District website.