

Alvin High School Athletic Training



802 S. Johnson St.
Alvin, TX 77511
281-245-2623

DRY NEEDLING CONSENT FORM

Dry needling involves a Certified Athletic Trainer (ATC) placing a small needle into the tissue that is tender with the intent to normalize the physiology of the area and regain homeostasis, which will improve the function of the musculoskeletal system resulting in symptom reduction. Dry needling is a valuable treatment for musculoskeletal pain. Like any treatment there are possible complications; while these are rare, they are real and must be considered prior to giving consent to treatment. Please scan the QR code below for a dry needling educational video.

Risks of the Procedure:

Risks may include bruising, infection, and nerve injury. Please notify your provider if you have any conditions that can be transferred by blood. Bruising is a common occurrence and should not be a concern unless you are taking a blood thinner. If you are being treated in the shoulder, neck, back, or chest area, there is an additional risk that involves your lung. As the needles are very small and do not have a cutting edge, the likelihood of any significant tissue trauma from dry needling is unlikely. Please consult with your practitioner if you have any questions regarding the treatment above.

Please print your name to indicate you have read this form and consent to treatment.

Date: _____

Patient Name: _____

Parent/Guardian Name: _____

Parent Signature for Consent for Dry Needling: _____

