



COVID-19 FLOWCHART FOR STAFF & STUDENTS

COVID-19 SYMPTOMS: FEELING FEVERISH OR MEASURED TEMP $\geq 100.0^{\circ}\text{F}$, LOSS OF TASTE OR SMELL, COUGH, DIFFICULTY BREATHING, SHORTNESS OF BREATH, FATIGUE, HEADACHE, CHILLS, SORE THROAT, CONGESTION OR RUNNY NOSE, SHAKING OR EXAGGERATED SHIVERING, SIGNIFICANT MUSCLE PAIN OR ACHES, DIARRHEA, NAUSEA OR VOMITING

Individual with COVID-19
([Lab-confirmed case](#))

Individual has COVID-19 symptoms but not confirmed with COVID-19 test

Individual has *close contact to someone with a lab-confirmed or probable case of COVID-19.

Individual reports exposure to a *close contact of a COVID-19 case

- Individual should contact their healthcare provider
- Self-isolate and avoid public spaces for a **minimum** of 10 days.

- Individual should contact their healthcare provider
- Self-isolate and avoid public spaces for 10 days.

- Individual should immediately ****quarantine** and self-monitor or be monitored for COVID-19 symptoms **for 14 days after last known exposure.**
- Individual is advised to contact their healthcare
- Last Known Date of Exposure = Day 0.

If the *close contact is not symptomatic and has not tested positive, the individual exposed to the close contact may continue attending work and/or school (no need to quarantine.) If the close contact becomes symptomatic or tests positive, refer to the blue flow-line to the left.

With Symptoms

Without Symptoms

May return when:

- 10 days have passed since symptom onset **AND** Fever free for 24 hours **AND** symptoms have improved

Individual May Return to Work/School If:

The individual is experiencing no symptoms, AND EITHER

Symptom-Based Return when:

- 10 days have passed since symptom onset **AND**
- Symptoms have improved **AND**
- At least 24 hours free of fever without fever-reducing medication

Date of Symptoms = Day 0

Time-Based Return when:

- 10 days have passed since test date IF no symptoms have developed,
- If symptoms develop then refer left to "With Symptoms"

Date of Test = Day 0

OR

Individual must obtain a medical professional's note clearing the individual for return based on another diagnosis

OR

Test-Based Return when:

A negative COVID-19 acute infection test result is obtained from a physician's office, approved testing location, or other site.

AND

- 24 hours free of fever or diarrhea or other requirements under [25 Tex. Admin. Code §97.7](#)

7 days have passed since last known exposure **AND**
A negative test specimen from day 5 or later is obtained. The test must be administered at least 5 days after *close contact.

10 days after *close contact exposure **without testing.**

14 days have passed since last known exposure.

Continue daily monitoring through Day 14

Please report if symptoms develop or a subsequent positive test result occurs. A negative test result during the quarantine period does not meet return to school criteria, unless adhering to the timeline in the guidelines

For individuals previously diagnosed with symptomatic COVID-19 who remain asymptomatic after recovery, retesting is not recommended by CDC within 3 months after the date of symptom onset for the initial COVID-19 infection.

****In addition, quarantine is not recommended in the event of close contact with an infected person during that same 3-month time period.**

*This document refers to "close contact" with an individual who is a confirmed COVID-19 case.

In general, close contact is:

- being directly exposed to infectious secretions; or
- being within 6 feet for a total of approximately 15 minutes throughout the course of a day; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect this determination.

Either (a) or (b) defines close contact if it occurred during the infectious period of the case, *starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to specimen collection) until the end of the positive case's isolation period.*

Updated 12/17/2020